



Benjamin Johnson

Athletic Director

	HERITAGE ACADEMY ATHLETIC PACKET
	<u>2019-2020</u>
Nam	eStudent ID#
Grade	eAgeDOBGender
Sport	(s)
Athletic I	t will <b>not</b> be eligible to participate (games, practice, tryouts) in any sport without clearance from the Department. <b>ALL MATERIALS MUST BE COMPLETED AND RETURNED TO THE ATHLETIC</b> . Scholars must complete all paperwork and meet all eligibility requirements to participate in sports at Academy.
☐ Pa	arent Consent and Emergency Information
□ Co	ode of Conduct
□ Pa	articipation Physical Evaluation - Medical History
□ Pa	articipation Physical Evaluation – Physical Examination by a Doctor
☐ At	hletic Participation / Fee Form
□ Tr	ansportation Permission
□ C/	AA Concussion Video / Proof of Insurance
☐ Pa	syment - Extracurricular Activity Donation (ECA Tax Credit Form)
Fill out a	Il documents and scan and send to Coach Johnson at <a href="mailto:bwjohnson@heritageacademyaz.com">bwjohnson@heritageacademyaz.com</a>
Remind	ER STUDENTS: erif you are a new student to the school district and want to participate in Activities/Athletics you ome to the Athletic Director, and fill out transfer papers to become eligible.
an oppoi students	students to Heritage Academy, wishing to try out for an athletic team after the season has started will have tunity to do so if they meet all requirements listed above and the season is not nearing completion. New wishing to do so should visit the athletic department, and speak with the Athletic Director and the head the sport they are interested in.***
New to	Heritage Academy: YN Enrollment date (/_/)
Last sch	nool attended:

# **HERITAGE ACADEMY PARENT CONSENT AND EMERGENCY INFORMATION**

My signature below indicates my permission for my so in after school sports/activities at Heritage Academy. approve the medical treatment authorization.		
EMERGENCY IN	IFORMATION	
Student Name:	Birthdate:	Age:
Father's Name:	Mother's Name:	
Day Phone of Parents: Father	Mother:	
Address:		
Family Doctor:	_Phone Number:	
Allergies:		
In an emergency, if the parents cannot be reached, pl	ease notify:	
Name:	Phone Number:	
MEDICAL TREATMEN	T AUTHORIZATION	
In the event of illness or injury occurring to my child vectors consent for medical or dental care deemed necessary. My child may be examined and any necessary proced diagnostic procedures (lab or x-ray) may be performe hospital or medical office staff furnishing such services.	by the attending health card ures (medical, dental, or sur d under the supervision of a	e provider or dentist. gical), anesthesia or
I understand that, in the event of other than minor ill contact me.	ness or injury, reasonable ef	fort will be made to
I understand that there is inherent risk in many activit liable for injury or accident, which may occur in the co assume the risk of such injury or accident.	- ·	•
Parent/Guardian Name:		

# Heritage Academy Charter School Code of Conduct for Scholars and Parents

Participating in an athletic program at Heritage Academy is a privilege. With this privilege, scholar athletes are expected to adhere to a high standard of behavior. All scholar athletes shall abide by a code of ethics that will earn them the honor and respect that participation and competition affords. It is important for our athletes to realize they represent their families, the school and the community at all times. Scholar athletes act as role models for the younger scholars. Scholar athletes have a commitment to their teammates and coaches to be at their best physically, mentally and academically at all times.

Scholar athletes should promote a healthy lifestyle by not using any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight. It is expected that scholar athletes adhere to the Code of Conduct at all times, not just during the sport season.

It is important that a scholar athletic realize the great sacrifice by coaches, teammates, teachers, family and others in your behalf. Your gratitude is expressed by your respect!

Heritage academy issues a Scholar hand book that can be obtained from the front office or found online at www.hamaricopa.com

It is expected that all scholar athletes will respect and comply with the rules of Heritage Academy.

### Scholar Athlete

#### **ATHLETES MUST AGREE TO:**

- Be to practice and games on time.
- Be responsible for any equipment and uniform issued to them and returning it as requested at the designated time and place. Scholar will replace
  misused, abused or lost equipment or be charged replacement value.
- Be respectful and encouraging towards your teammates. Do not belittle them for their mistakes or abilities. Be encouraging they are working hard
- Take responsibility to your academic eligibility and the tools to help you stay on track which will be offered by the coach.
- Help other teammates who may struggle in classes you excel in.
- Listen to your coaches while they are talking to you or another player. We do not want to talk over you.
- Not use or possess illegal substances including tobacco, alcohol, marijuana or drug paraphernalia.
- Not participate in any other act that results in the scholar athlete being charged with a crime or referred for juvenile delinquency.
- Notify one of the coaches of any teammate that might be struggling with issues contrary to our team standards.

### **Parents**

#### **PARENTS MUST AGREE TO:**

- Have their athlete on time to practices and games.
- Help your athlete keep track of and in good condition any equipment and uniform issued to them. Replacement costs are not part of the
  participation fees.
- Not encourage belittling conversation towards players and/or coaches. Your comments are welcomed at the appropriate time.
- Cheer from the designated areas. A parent on the field makes coaching more difficult and is a distraction to all the players. It also makes it difficult for those behind to see. This includes half time.
- Share with the coach any concerns you might have about your athlete regarding sports, academics, or anything you feel would better help us understand him/her. We are a team-family. We want them to succeed
- Please respect the following times Pre-game (30 minutes before the game), the game (1st and 2nd halves), and post game (30 minutes after the game). This is NOT a good time for coaches to talk. We have lots to do regarding our team.

Parent signature:	Athlete signature:	Date

lent's Name: (print)	S	ex	Age	Date of Birth		
ress						
deSchool						
onal Physician				Phone		
ase of emergency, contact:						
neRelationship			Phone (H)	(W)		
lain "Yes" answers in the box below**. Circle questions yo lical evaluation which may include a physical examination. W uired before any participation in UIL practices, games or mate	Vritten					
Have you had a medical illness or injury since your last check up or sports physical?	Yes □	No	13. Have you ever go exercise?	tten unexpectedly short	of breath with	Yes
Have you been hospitalized overnight in the past year?			Do you have asth	ma?		
Have you ever had surgery?			Do you have seas	onal allergies that requir	re medical treatment?	
Have you ever passed out during or after exercise?			14. Do you use any s	pecial protective or corre	ective equipment or	
Have you ever had chest pain during or after exercise?				usually used for your sp		
Do you get tired more quickly than your friends do during				ace, special neck roll, for	ot orthotics, retainer	
exercise?	_	_	on your teeth, hea	ring aid)? d a sprain, strain, or swe	lling after injury?	
Have you ever had racing of your heart or skipped heartbeats?			•	or fractured any bones of		
Have you had high blood pressure or high cholesterol?			joints?	or tractated any boiles c	a distocated any	ш
Have you ever been told you have a heart murmur?				other problems with pa	in or swelling in	
Has any family member or relative died of heart problems or of udden unexpected death before age 50?	Ц		muscles, tendons			
Has any family member been diagnosed with enlarged heart,			If yes, check appr	opriate box and explain	below.	
dilated cardiomyopathy), hypertrophic cardiomyopathy, long	_	_		Elbow	☐ Hip	
QT syndrome or other ion channelpathy (Brugada syndrome,			□ Neck	☐ Forearm	☐ Thigh	
tc), Marfan's syndrome, or abnormal heart rhythm?	_	_	☐ Back	Wrist	☐ Knee	
Have you had a severe viral infection (for example, nyocarditis or mononucleosis) within the last month?			Chest	☐ Hand	☐ Shin/Calf	
Has a physician ever denied or restricted your participation in			Shoulder	☐ Finger	Ankle	
ports for any heart problems?		ш	☐ Upper Arm	_	☐ Foot	
Have you ever had a head injury or concussion?					_	_
Have you ever been knocked out, become unconscious, or lost			•	eigh more or less than yo		
your memory?				nt regularly to meet weig	th requirements for	
f yes, how many When was the last imes?			your sport?  17. Do you feel stress	ed out?		
concussion.			-	en diagnosed with or trea	ated for sickle cell trait	_
How severe was each one? (Explain below)	_	_	or sickle cell disea			_
Have you ever had a seizure?			Females Only			
Do you have frequent or severe headaches?			19. When was your fir	rst menstrual period?		
Have you ever had numbness or tingling in your arms, hands, egs, or feet?			5	ost recent menstrual per		
Have you ever had a stinger, burner, or pinched nerve?				o you usually have from	the start of one	
Are you missing any paired organs?			period to the start			
Are you under a doctor's care?			• •	s have you had in the las	-	
Are you currently taking any prescription or non-prescription			An individual answering in	est time between period		1.1.
over-the-counter) medication or pills or using an inhaler?		_	cardiovascular health issu		0 1	
Do you have any allergies (for example, to pollen, medicine,			restricted from further pa			ared by
ood, or stinging insects)?	_	_	physician, physician assist	ant, chiropractor, or nurs	e practitioner.	
Have you ever been dizzy during or after exercise?			**EXPLAIN 'YES' ANSW	ERS IN THE BOX BELOY	W (attach another sheet if	necessa
Do you have any current skin problems (for example, itching,						
ashes, acne, warts, fungus, or blisters)? Have you ever become ill from exercising in the heat?						
Have you had any problems with your eyes or vision?						
understood that even though protective equipment is worn by	_		enever needed, the possibil	ity of an accident still r	emains Neither the I	Iniver
rscholastic League nor the school assumes any responsibility in n the judgment of any representative of the school, the above lest, authorize, and consent to such care and treatment as may	case as	n acciden should 1	occurs. eed immediate care and trea	ntment as a result of any	injury or sickness, I	do her
the to indemnify and save harmless the school and any school or ent. etween this date and the beginning of athletic competition, any	•	•				
orities of such illness or injury.  reby state that, to the best of my knowledge, my answers to	the ab		·		,	
ject the student in question to penalties determined by the Uent Signature:  Parent		an Signatu			Data	
	a sugrati				Date:	

## PREPARTICIPATION PHYSICAL EVALUATION -- PHYSICAL EXAMINATION Student's Name \_\_\_\_\_ Sex \_\_\_\_ Age \_\_\_\_ Date of Birth\_\_\_ Height \_\_\_\_\_ Weight\_\_\_\_ % Body fat (optional) \_\_\_\_\_ Pulse \_\_\_\_ BP\_\_\_/\_ brachial blood pressure while sitting Corrected: Y N Pupils: Vision R 20/\_\_\_\_ L 20/\_\_\_ Equal Unequal As a minimum requirement, this Physical Examination Form must be completed prior to junior high athletic participation and again prior to first and third years of high school athletic participation. It must be completed if there are yes answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. \* Local district policy may require an annual physical exam. NORMAL ABNORMAL FINDINGS **INITIALS\*** MEDICAL Appearance Eyes/Ears/Nose/Throat Lymph Nodes Heart-Auscultation of the heart in the supine position. Heart-Auscultation of the heart in the standing position. Heart-Lower extremity pulses Pulses Lungs Abdomen Genitalia (males only) Marfan's stigmata (arachnodactyly, pectus excavatum, joint hypermobility, scoliosis) MUSCULOSKELETAL Neck Back Shoulder/Arm Elbow/Forearm Wrist/Hand Hip/Thigh Knee Leg/Ankle Foot \*station-based examination only **CLEARANCE** □ Cleared Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_ □ Not cleared for: Reason: Recommendations: The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted. Name (print/type) \_\_\_\_\_\_ Date of Examination:\_\_\_\_\_ Phone Number: Signature:

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.

# **Athletic Participation/Fee Form**

Student Name:	Grade:	
_	•	

I understand that Heritage Academy is not insuring my student under any health or accident insurance program, and that my student's participation is covered only under whatever insurance program I have in place. I further understand that Heritage Academy disclaims any financial responsibility for the costs of medical treatment, hospitals, ambulances, paramedics, etc. arising out of or by virtue of any injury to my student while participating in interscholastic sports.

"With regard to sports, the payment of fees is not contingent upon the scholar's playing time on a particular team, because whether or not a scholar gets to play, money has been expended for the class. Every effort is made to ensure that every scholar will play on a team, whether it is playing another school (interscholastic) or playing another team at the school (intramural)" (Scholar/Parent Handbook, pg 8). Fees used towards the ECA tax credit cannot be refunded. Fees for all sports for the entire school year are due by **August 7, 2019**. All Athletic Packet paperwork, current sports physical, concussion certificate and fees are due for the entire school year by **August 7, 2019**.

Participation on an athletic team or in a sports class here at Heritage Academy-Maricopa is a privilege. The Athletic Department reserves the right to drop any athlete out of the program if they see necessary without a refund. The Heritage PE uniform which can be purchased through the school's vendor, is required for all athletes to wear during 4<sup>th</sup> hour. Game uniforms/jerseys are only to be worn on game/meet days and are not to be worn to school during a "Dollar for Duds" day. Please visit: www.hamaricopa.com/athletics frequently for updates and more details and information.

This sports fee is to cover the duration of the league's sports season(s) only. Before a sport season begins or once a sport season has ended, your scholar athlete will have the option to participate in a different sport during 1 of the other 2 sports seasons or be transferred into a PE class entitled "Strength, Conditioning and Sports" to fulfill their PE credit requirement for the semester. As long as there are enough scholar athletes registered and cleared to participate in a particular sport, the Heritage Academy-Gateway Athletic Department will make every effort to provide quality coaching during the season of play and for the skill level of the athletes on a particular team and an opportunity to compete in some fashion either in an interscholastic or intramural experience.

<u>Fee for non-returned uniforms/jersey/equipment</u>. A minimum fee of \$50 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every or any scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded. There will also be no refunds after the first 3 weeks of classes for each semester respectively.

Turn Over



The athletic fees for my scholar total: \$ Heritage Academy has <a href="www.hamaricopa.com">www.hamaricopa.com</a> . Participation fees may also be paid at the administration payable to "Heritage Academy."	
I commit to pay the participation fee and understand that any non-paid fe participation in athletic competition and being dropped from the class.	ees will necessitate my student's non-
Scholar Name:	
Parent Name:	Date:
Parent Signature:	

My student has my approval to participate in the following interscholastic sports. (Please initial all that apply.)

Parent Initials	<b>FALL</b> (1 <sup>st</sup> Semester)	Fee	Parent Initials	<b>WINTER</b> (1 <sup>st</sup> & 2 <sup>nd</sup> Semesters)	Fee	Parent Initials	<b>SPRING</b> (2 <sup>nd</sup> Semester)	Fee
	High School  TACKLE FOOTBALL	\$250		High School BOYS BASKETBALL	\$125		High School BOYS VOLLEYBALL	\$125
	Jr. High FLAG FOOTBALL	\$75		Jr. High BOYS BASKETBALL	\$75		Jr. High BOYS VOLLEYBALL	\$75
	High School BOYS SOCCER	\$125		High School GIRLS BASKETBALL	\$125		High School GIRLS SOCCER	\$125
	Jr. High & High School <b>BOWLING</b>	\$75		Jr. High GIRLS SOFTBALL	\$75		Jr. High GIRLS SOCCER	\$75
	Jr. High & High School <b>GOLF</b>	\$75		High School WRESTLING	\$125		Jr. High & High School <b>GOLF</b>	\$75
	High School GIRLS VOLLEYBALL	\$125					Jr. High GIRLS BASKETBALL	\$75
	Jr. High GIRLS VOLLEYBALL	\$75					High School GIRLS SOFTBALL	\$125
	Jr. High & High School CROSS COUNTRY	\$75					Jr. High GIRLS SOFTBALL	\$75
	High School WEIGHT TRAINING	\$125					High School BOYS BASEBALL	\$125
	Jr. High & High School SWIMMING	\$75					Jr. High BOYS BASEBALL	\$75
				(Winter Sports are			High School WEIGHT TRAINING	\$125
				played in 2 semesters)			Jr. High TRACK & FIELD	\$75
							High School TRACK & FIELD	\$125
							Jr. High & High School <b>BOWLING</b>	\$75
							Jr. High & High School  SWIMMING	\$75

## **TRANSPORTATION PERMISSION SLIP**

Parent/Guardian Name:	This permission slip is intended to cover Heritage Academy scholars transportation. This transportation allows scholars to participate in elective to parents from the burden of transporting their students to games and every My scholar,, has my permissional classes, games, and events on Heritage Academy provided transportation. In rented cars, vans, private vehicles, and/or chartered buses. It is understaken to ensure students' safety. Beyond this, I agree to hold Heritage Acades scholar while s/he is participating in off campus activities.	e courses being held on campus and as a relief ents. sion to be transported to and from Heritage I understand that such transportation may be stood that every necessary precaution will be
STUDENT DRIVING/RIDING IN PRIVATE VEHICLE  Transportation to and from activities may be provided by private vehicle or walking. I understand that in some cases students may be driving their own vehicles to and from games, practices, or other Heritage Academy events. In the event that alternative private transportation is used in lieu of transportation provided by Heritage Academy, Heritage Academy has no responsibility for the conduct of the driver/vehicle and has no responsibility for ensuring the driver of the vehicle has accurate insurance and/or license.  In the event that a scholar uses alternative or private transportation, I agree to one of the following:  I give my permission for my son/daughter to drive a private vehicle to and from activity.  Riding Student's Name(s)  To ride in a private vehicle driven by  Driving Student's or Parent's Name  Parent/Guardian Name:  Phone:  Phone:	Parent/Guardian Name:	Phone:
Transportation to and from activities may be provided by private vehicle or walking. I understand that in some cases students may be driving their own vehicles to and from games, practices, or other Heritage Academy events. In the event that alternative private transportation is used in lieu of transportation provided by Heritage Academy, Heritage Academy has no responsibility for the conduct of the driver/vehicle and has no responsibility for ensuring the driver of the vehicle has accurate insurance and/or license.  In the event that a scholar uses alternative or private transportation, I agree to one of the following:  I give my permission for my son/daughter to drive a private vehicle to and from activity.  I give my permission for to ride in a private vehicle driven by Driving Student's or Parent's Name  Parent/Guardian Name: Phone: Phone: Phone:	Signature:	Date:
I give my permission for to ride in a private vehicle driven by  Riding Student's Name(s) Driving Student's or Parent's Name  Parent/Guardian Name: Phone:	Transportation to and from activities may be provided by private vehicle or students may be driving their own vehicles to and from games, practices, o In the event that alternative private transportation is used in lieu of transportation and the driver/vehicle the driver of the vehicle has accurate insurance and/or license.	walking. I understand that in some cases rother Heritage Academy events. ortation provided by Heritage Academy, le and has no responsibility for ensuring that
Riding Student's Name(s)  to and from activity.  Parent/Guardian Name:  Parent/Guardian Name:  Driving Student's or Parent's Name  Parent/Guardian Name:  Phone:	☐ I give my permission for my son/daughter to drive a private vehicle	to and from activity.
	Riding Student's Name(s)	Driving Student's or
Signature: Date:	Parent/Guardian Name:	Phone:
	Signature:	Date:

Note: Before any scholar is permitted to participate in Heritage Academy activities requiring school transportation, this permission form must be signed and returned. NO EXCEPTIONS.

### **CAA Concussion**

This is to confirm that I have watched and completed the **Concussion in Sports** training video required by Heritage Academy and the CAA (Canyon Athletic Association). This is necessary in order for the athlete named below to participate in any competitive sporting events offered through the CAA. This must be completed annually.

https://www.nfhslearn.com/courses/61059/concussion-for-students

Date:
etion Code:
etion Code: (found on the certificate)
I Insurance Form
Insurance
· · · · · · · · · · · · · · · · · · ·
overage will cease
s complete and accurate to the best of nformation is to change I must notify ile.
Date



"Building America's Heroes"
41004 W Lucerian Ln, Maricopa, AZ 85138

Extracurricular Activity Donation	Phone No					
Contributor/Taxpayer						
Email address:						
Address						
STREET	CITY	STATE	ZIP CODE			
May give activity and/or student (Op	Amoun	t				
Tax year Total Amount	Contributed	·				
The above payment is eligible for the Arizona state income tax credit as allowed by Arizona Revised Statute §43-1089.01. The tax credit is limited to \$400 for married couples and \$200 for individuals. A receipt will be emailed						
or mailed to you for tax purposes. <u>Tax credit donation</u>	ons are nonrefundable by the	school.				

<u>Due date</u>: Beginning in 2016, tax payers can make tax donations from January 1 up until April 15 of the following year. Donations made between January 1 and April 15 must be designated as to which tax year the donation applies. For example, a donation made in April 2016 can be applied to either 2015 or 2016.

Paying by check: Make checks payable to Heritage Academy and mail with the above form to the address above.

<u>Paying online by credit or debit card</u>: Go to our website: www.hamaricopa.com and click on "Parents" on the QuickLinks Red banner. Then click on payments. Enter the information on the scholar or activity and the donor information and then you will be able to pay with a paypal account or a credit or debit card.

Heritage Academy will make every effort to ensure that donations are used for the activity indicated as priority. However, in the unlikely event that an activity is canceled or receives more funding than is needed, the school will use your donation for another worthwhile activity that directly benefits students. If no activity is listed, the school will determine the extracurricular activity of greatest benefit. Be assured your donations will not fund recreational, amusement or tourist side trips.

For answers to any questions, please contact the school at 520-367-3800.