DR. SHEF GANDHI, PSYD. LICENSED PSYCHOLOGIST

PARENT INFORMATION **NIGHT: ACES**

Adverse Childhood Experiences are stressful or traumatic experiences that disrupt the safe nurturing relationships and environments that children need to thrive. Exposure to ACES can lead individuals towards the adoption of unhealthy habits and the onset of negative long-term health issues

04.07.20 6:30 PM HERITAGE ACADEMY, 41000 W HEREOS WAY, MARICOPA AZ 85138



Relationship between early childhood trauma and health and well-being problems later in life.

Source: World Health



⊗ BE AWESOME ⊗

Recommended For Parents of 6th grade - 12th graders Seating Limited to 50, RSVP to VapseMaricopa-az.gov